SEWARD COUNTY COMMUNITY COLLEGE **COURSE SYLLABUS**

I. TITLE OF COURSE: PE1661- Golf & Bowling

II. COURSE DESCRIPTION: 1 credit hours 0 credit hours of lecture and 1 credit hours of lab per week.

This class emphasizes the fundamentals of bowling and golf with attention given to skills, rules, history, strategy, and etiquette of the games. For each unit of credit, a minimum of three hours per week with one of the hours for class and two hours for studying/preparation outside of class is expected.

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Pre-requisite: None

III. PROGRAM AND/OR DEPARTMENT MISSION STATEMENT:

The SCCC physical education program will broaden the understanding of fitness for life by providing general education, appropriate technology, and professional development opportunities that promote a healthy lifestyle.

IV. TEXTBOOK AND MATERIALS:

[Text Mat]

V. SCCC OUTCOMES

Students who successfully complete this course will demonstrate the ability to do the following SCCC Outcomes.

4: Demonstrate mathematical skills using a variety of techniques and technologies.

VI. COURSE OUTCOMES:

- To perform the basic fundamental skills of golf which include the grip, stance, and swing. 1.
- To gain an understanding of the selection, care and use of golf equipment, and facilities.
- 2. 3. To develop an understanding of the history, rules, and terminology of golf.
- To play golf using proper golf etiquette and safety. 4.
- 5.

To keep accurate score. To perform the basic fundamental skills of bowling which includes the grip, approach, 6. delivery, and follow through.

To use basic bowling strategy, (i.e.) hook or straight ball, pin or spot bowling, and 7. bowling cross-lane.

- Gain an understanding of the history, rules and terminology of bowling. 8.
- 9. To bowl using proper etiquette and safety.
- 10. To keep accurate score.

VII. COURSE OUTLINE:

Golf:

- Introduction 1.
- 2. Terminology and rules
- 3. Mechanics
- 4. Scoring

- 5. Etiquette and safety
- 6. Active participation
- Bowling:
- 7. Introduction
- 8. Terminology
- 9. Mechanics
- 10. Scoring
- 11. Etiquette and safety
- 12. Active participation

VIII. INSTRUCTIONAL METHODS:

- 1. Lecture.
- 2. Demonstration.
- 3. Videos.
- 4. Golf course and bowling center experience.

IX. INSTRUCTIONAL AND RESOURCE MATERIALS:

- 1. Videos
- 2. Handouts

X. METHODS OF ASSESSMENT:

SCCC Instructional Outcome #4 will be assessed and measured by keeping scorecards and posting scores during class.

XI. ADA STATEMENT:

Under the Americans with Disabilities Act, Seward County Community College will make reasonable accommodations for students with documented disabilities. If you need support or assistance because of a disability, you may be eligible for academic accommodations. Students should identify themselves to the Dean of Students at 620-417-1106 or going to the Student Success Center in the Hobble Academic building, room 149 A.

Syllabus Reviewed: 04/16/2019 13:49:57